



### **Personal information**

Last name / First name **ANCA-IRINA RISTESCU**

Address

Phone

E-mail [anca.ristescu@umfiiasi.ro](mailto:anca.ristescu@umfiiasi.ro)

### **Professional experience**

**Academic experience ANESTHESIA AND INTENSIVE CARE DEPARTMENT**

Period **2021 - present**

Function or position held **Teaching Activity Coordinator, Anesthesia and Intensive Care Department**

Employer's name and address "Grigore T. Popa" University of Medicine and Pharmacy Iași, Faculty of Medicine, Department of Surgery, Anesthesia and Intensive Care Discipline, Universității Street, no. 16, 700115, Iași, Romania

Period **2018 - present**

Function or position held **Anesthesia and Intensive Care Residency Coordinator, Iași University Center**

Employer's name and address Ministry of Health, Cristian Popișteanu Street, no. 1-3, sector 1, code 010024, Bucharest, Romania

Period **2022 - present**

Function or position held **Anesthesia and Intensive Care SimLab Coordinator, Prof Dr Cristian Dragomir Simulation Centre**

Employer's name and address "Grigore T. Popa" University of Medicine and Pharmacy Iași, Faculty of Medicine, Universității Street, no. 16, 700115, Iași, Romania

Period **2023 - present**

Function or position held **Associate Professor**

Employer's name and address "Grigore T. Popa" University of Medicine and Pharmacy Iași, Faculty of Medicine, Department of Surgery, Anesthesia and Intensive Care Discipline, Universității Street, no. 16, 700115, Iași, Romania

Period **2014 – 2023**

Function or position held **Lecturer**

Employer's name and address "Grigore T. Popa" University of Medicine and Pharmacy Iași, Faculty of Medicine, Department of Surgery, Anesthesia and Intensive Care Discipline, Universității Street, no. 16, 700115, Iași, Romania

Period **2007-2014**

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|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Function or position held                                  | <b>Assistant Lecturer</b>                                                                                                                                                                            |
| Employer's name and address                                | "Grigore T. Popa" University of Medicine and Pharmacy Iași, Faculty of Medicine, Department of Surgery, Anesthesia and Intensive Care Discipline, Universității Street no. 16, 700115, Iași, Romania |
| Period                                                     | <b>2002-2007</b>                                                                                                                                                                                     |
| Function or position held                                  | <b>University Assistant</b>                                                                                                                                                                          |
| Employer's name and address                                | "Grigore T. Popa" University of Medicine and Pharmacy Iași, Faculty of Medicine, Department of Surgery, Anesthesia and Intensive Care Discipline, Universității Street no. 16, 700115, Iași, Romania |
| <b><u>Professional experience</u></b>                      |                                                                                                                                                                                                      |
| Period                                                     | <b>03.2022 – present</b>                                                                                                                                                                             |
| Function or position held                                  | <b>Consultant in Anesthesia and Intensive Care, Head of the ICU department</b>                                                                                                                       |
| Employer's name and address                                | Anesthesia and Intensive Care Department- Iași Regional Institute of Oncology General Henry Mathias Berthelot Street, no. 2-4, code: 700483, Iași                                                    |
| Period                                                     | <b>2012 - 2023</b>                                                                                                                                                                                   |
| Function or position held                                  | <b>Consultant in Anesthesia and Intensive Care</b>                                                                                                                                                   |
| Employer's name and address                                | Anesthesia and Intensive Care Clinic - Iași Regional Institute of Oncology General Henry Mathias Berthelot Street, no. 2-4, code: 700483, Iași                                                       |
| Period                                                     | <b>2011-2012</b>                                                                                                                                                                                     |
| Function or position held                                  | <b>Consultant in Anesthesia and Intensive Care</b>                                                                                                                                                   |
| Employer's name and address                                | Anesthesia and Intensive Care Clinic – "Saint Spiridon" Emergency Clinical Hospital, Independenței Square, no.1, 700111, Iași                                                                        |
| Period                                                     | <b>2005-2011</b>                                                                                                                                                                                     |
| Function or position held                                  | <b>Specialist in Anesthesia and Intensive Care</b>                                                                                                                                                   |
| Employer's name and address                                | Anesthesia and Intensive Care Clinic – "Saint Spiridon" Emergency Clinical Hospital, Independenței Square, no.1, 700111, Iași                                                                        |
| Period                                                     | <b>04-10.2004</b>                                                                                                                                                                                    |
| Function or position held                                  | <b>Anesthesia and Intensive Care Trainee</b>                                                                                                                                                         |
| Employer's name and address                                | Cliniques d'Europe, "St. Elisabeth" Hospital, Brussels, Belgium                                                                                                                                      |
| Period                                                     | <b>2000-2005</b>                                                                                                                                                                                     |
| Function or position held                                  | <b>Anesthesia and Intensive Care Trainee</b>                                                                                                                                                         |
| Employer's name and address                                | Anesthesia and Intensive Care Clinic – "Saint Spiridon" Emergency Clinical Hospital, Independenței Square, no.1, 700111, Iași                                                                        |
| <b><u>Education and training</u></b>                       |                                                                                                                                                                                                      |
| Period                                                     | <b>2020-2024</b>                                                                                                                                                                                     |
| Qualification / obtained diploma                           | <b>Master degree - Patient Blood Management</b>                                                                                                                                                      |
| Name and type of educational institution/training provider | Danube University of Krems, Austria                                                                                                                                                                  |
| Period                                                     | <b>2014-2015</b>                                                                                                                                                                                     |
| Qualification / obtained diploma                           | <b>Postdoctoral Researcher - contract no. POSDRU/159/1.5/S/133377</b>                                                                                                                                |
| Name and type of educational institution/training provider | "Grigore T. Popa" University of Medicine and Pharmacy, Iași                                                                                                                                          |
| Period                                                     | <b>2012</b>                                                                                                                                                                                          |
| Qualification / obtained diploma                           | <b>PhD thesis – MECTS Order No. 5743/12.09.2012</b>                                                                                                                                                  |

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|------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
| Name and type of educational institution/training provider | "Grigore T. Popa" University of Medicine and Pharmacy, Iași                                                             |
| Period                                                     | <b>2011</b>                                                                                                             |
| Qualification / obtained diploma                           | <b>Consultant in Anesthesia and Intensive Care</b> - Ministry of Health Order no. 1296/01.09.2011<br>Ministry of Health |
| Name and type of educational institution/training provider | "Grigore T. Popa" University of Medicine and Pharmacy, Iași                                                             |
| Period                                                     | <b>2006-2012</b>                                                                                                        |
| Qualification / obtained diploma                           | <b>Full-time PhD student</b>                                                                                            |
| Name and type of educational institution/training provider | University of Medicine and Pharmacy "Grigore T. Popa" Iași                                                              |
| Period                                                     | <b>2005-2011</b>                                                                                                        |
| Qualification / obtained diploma                           | <b>Specialist physician Anesthesia and Intensive Care</b> -Ministry of Health Order No. 440/25.04.2005                  |
| Name and type of educational institution/training provider | University of Medicine and Pharmacy "Grigore T. Popa" Iași                                                              |
| Period                                                     | <b>2000-2005</b>                                                                                                        |
| Qualification / obtained diploma                           | <b>Resident physician Anesthesia and Intensive Care</b> -Ministry of Health Order No. 85/10.02.2000                     |
| Name and type of educational institution/training provider | University of Medicine and Pharmacy "Grigore T. Popa" Iași                                                              |
| Period                                                     | <b>2000</b>                                                                                                             |
| Qualification / obtained diploma                           | Admission through the National Residency Competition, in the Specialty of Anesthesia and Intensive Care                 |
| Name and type of educational institution/training provider | University of Medicine and Pharmacy "Grigore T. Popa" Iași                                                              |
| Period                                                     | <b>1992-1998</b>                                                                                                        |
| Qualification / obtained diploma                           | <b>Medical Doctor</b> – Bachelor's degree R0036204, no. 721 /12.11.1999                                                 |
| Name and type of educational institution/training provider | University of Medicine and Pharmacy "Grigore T. Popa" Iași                                                              |
| Period                                                     | <b>1988-1992</b>                                                                                                        |
| Qualification / obtained diploma                           | High school graduate, mathematics-physics domain<br>Graduation diploma K184865, no. 995 / 30.07.1992                    |
| Name and type of educational institution/training provider | “Costache Negruzzi” College Iași                                                                                        |

### Specializations and Courses

|                                  |                                                                                                                                                                                                                      |
|----------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Period                           | 2000 - Graduate                                                                                                                                                                                                      |
| Qualification / obtained diploma | Course of the Romanian Society of Anesthesia and Intensive Care, May – Bucharest<br>Helicobacter pylori course - a public health problem, December, Iași                                                             |
| Period                           | 2001 - Graduate                                                                                                                                                                                                      |
| Qualification / obtained diploma | Romanian-Belgian Emergency Medicine Course, October, Iași<br>Course in Anesthesia Intensive Care, May, Cluj Napoca<br>Course in Anesthesia Intensive Care, Meeting of Anesthesiologists from Moldova, April, Suceava |
| Period                           | 2002 - Graduate                                                                                                                                                                                                      |

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| Qualification / obtained diploma | Thromboembolic Disease Course, November, Iași<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Bucharest<br>Lecturer - Course in Anesthesia Intensive Care, Meeting of Anesthesiologists from Moldova, October, Focșani<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Bucharest                                         |
| Period                           | 2003 - Graduate                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | Current Affairs Course of the Romanian Society of Anesthesia and Intensive Care, May, Sinaia<br>Enteral and Parenteral Nutrition Course, October, Poiana Brasov                                                                                                                                                                                                            |
| Period                           | 2004 - Graduate                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | Enteral and Parenteral Nutrition Course, November, Poiana Brasov                                                                                                                                                                                                                                                                                                           |
| Period                           | 2005 - Graduate                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | National Course on Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine, October, Timisoara<br>Anesthesia without Risks Course, international continuing medical education program June, Bucharest<br>Hospitalized Patient Nutrition Course, September, Iași<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Eforie Nord |
| Period                           | 2006 - Graduate                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | Course on Blood Transfusion and Blood Saving Techniques in the Perioperative Period, October, Iași<br>Nutrition Course for Critically Hospitalized Patients, September, Iași<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Eforie Nord<br>Enteral and Parenteral Nutrition" Course, November, Poiana Brasov                                     |
| Period                           | 2007 - Graduate                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | Polytrauma Management Course, June, Iași<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Sinaia                                                                                                                                                                                                                                                   |
| Period                           | 2008 - Lecturer<br>VIMA Course, November, Iași<br>Antibioprophylaxis and antibiotic therapy course. How to make the step from theory to practice, October, Iași                                                                                                                                                                                                            |
| Period                           | 2009 - Graduate                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | Muscle relaxants and reversal agents course, April, Budapest, Hungary<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Sinaia<br>Enteral and Parenteral Nutrition" Course, October, Poiana Brasov<br>International Spiral Enteroscopy Course, May, Iași                                                                                            |
| Period                           | 2010 - Lecturer                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | Course of the Romanian Society of Anesthesia and Intensive Care, May, Sinaia<br>Enteral and Parenteral Nutrition Course, October, Poiana Brasov<br>Early Rehabilitation of the Hospitalized Patient Course – Let's Not Ignore Clinical Nutrition, June, Iași<br>Invasive Fungal Infections Course. How often do we miss the target?, October, Iași                         |
| Period                           | 2011 - Lecturer                                                                                                                                                                                                                                                                                                                                                            |
| Qualification / obtained diploma | Course Immediate and late postoperative complications clinical and therapeutic management, March, Iași<br>Course Reversal of neuromuscular blockade. New solutions for old problems, November, Iași<br>Perioperative fluid therapy, March, Iași                                                                                                                            |

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|                                  | Period | 2011 - Graduate<br>Fresenius Kabi Advanced Nutrition Course, May, Bad Homburg, Germany<br>Postgraduate course Continuous extrarenal purification in Intensive Care, February, Targu Mures                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|                                  | Period | 2012 - Lecturer<br>Clinical nutrition in the oncological patient. Can we change the prognosis?, October, Iași<br>Sleep Medicine, Modern Treatments Applied in Sleep Apnea Syndrome, May, Iași<br>News on Pulmonary Rehabilitation and Home Mechanical Ventilation May, Iași<br>Emergency Airway Management Course, CONGRESSIS, May, Iași<br>Young voices in an eternal war - germs versus anti-infective medication, May, Iași<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Sinaia<br>Safety vs. Costs in Anesthesia Course, October, Iași<br>Conferences of the Regional Institute of Oncology, CONFER, November, Iași |
| Qualification / obtained diploma | Period | 2012 – Graduate<br>Mechanical Ventilation Course in ICU, March, Bucharest<br>Current concepts and future trends for ultrasound guided regional anesthesia course, October, Timisoara                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                                  | Period | 2013 - Graduate –<br>ESCMID Conference Invasive Fungal Infections, January, Rome, Italy<br>Enteral and Parenteral Nutrition Course, October, Poiana Brasov                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Qualification / obtained diploma | Period | 2013 - Lecturer<br>Course Nutrition in Colorectal Cancer, National Congress of the Romanian Society of Coloproctology, April, Iași<br>Course of the Romanian Society of Anesthesia and Intensive Care, May, Sinaia<br>Update in Renal Replacement Therapy, ISICEM, December, Rome, Italy<br>Emergency Airway Management Course, CONGRESSIS, May, Iași<br>Romanian Anti-Infective Days, March, Poiana Brasov                                                                                                                                                                                                                                         |
|                                  | Period | 2014 - Lecturer<br>Enteral and Parenteral Nutrition” Course, October, Poiana Brasov<br>CONFER Courses November, Iasi<br>Clinical Nutrition in the Hospitalized Patient, October, Iași<br>International Surgery Summer School, July, Iași<br>National Pain Congress, May, Iași<br>Ensuring the Future of Antibiotic Therapy, February, Iasi                                                                                                                                                                                                                                                                                                          |
| Qualification / obtained diploma | Period | 2014 - Graduate<br>Nutritional Support in Cancer, ESPEN Life Long Learning Program, November, Poiana Brasov<br>Hot Topics in Infectious Diseases Course, October, Venice, Italy                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                  | Period | 2015 - Lecturer<br>Medical communication and information program in the field of severe infections and sepsis, September, Iași<br>VIMA Anesthesia Technique Course, February, Iași<br>Early Mobilization Course in Intensive Care, CONFER, November, Iași<br>Early Mobilization Course in Intensive Care, CONFER, November, Iași                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | Period | 2015 - Graduate<br>22 ESPEN Course of Clinical Nutrition and Metabolic Care, November, Bucharest<br>Approach to Parenteral Nutrition Course, ESPEN LLL course, November, Bucharest<br>Anti-Thrombosis Masterclass Course, July, Bucharest<br>Health Economics and Anticoagulants Course, June, Madrid, Spain<br>Pediatric Intensive Care Simulation Course, May, Sinaia<br>Course International CytoSorb User Meeting, March, Brussels                                                                                                                                                                                                              |
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| Period                           | 2016 - Lecturer                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | Hyperoxia Course – do we have reasons to worry?, CONFER, November, Iași<br>National Symposium on Clinical Nutrition, October, Poiana Brasov<br>Course Ultrasonography as the early diagnostic method of invasive fungal infections, November, Iași<br>Clinical Nutrition Course for the Hospitalized Patient, June, Iași<br>National Course on Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine, September, Timisoara |
| Period                           | 2016 - Graduate                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | DUK Seminar in New Oral Anticoagulants Course, July, Krems, Austria<br>Patient Blood Management Course – Focus on perioperative bleeding management, January, Krems, Austria<br>Hot Topics in Infectious Diseases Course, October, Venice, Italy                                                                                                                                                                                                   |
| Period                           | 2016 - Instructor, Course Director                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Qualification / obtained diploma | Basic Assessment and Support in Pediatric Intensive Care Courses, June, July, Iași                                                                                                                                                                                                                                                                                                                                                                 |
| Period                           | 2017 - Lecturer                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | Spring School of Infections, May 26-27, 2017 Prague, Czech Republic<br>Practical Airway Management Workshop Course, NOBEZ, April, Iași<br>Current Affairs Course of the Romanian Society of Anesthesia and Intensive Care, May, Sinaia<br>Airway Management Course, CONGRESSIS, April, Iași                                                                                                                                                        |
| Period                           | 2017 - Graduate                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | COMBACTE NET- EFGCP Course – applying GCP in the COMBACTE Studies, September, Bucharest<br>Update on Monitoring in the Acutely Ill Patient. An Integrated Approach, Rome, Italy                                                                                                                                                                                                                                                                    |
| Period                           | 2018 – Lecturer                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | European Board of Anesthesia Meeting, Iasi, Romania<br>National Course on Antibiotherapy, Bucharest, Romania<br>Perioperative medicine and critical care, Cancer and anaesthesia, Cluj, Romania                                                                                                                                                                                                                                                    |
| Period                           | 2018 – Graduate                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | EURO-PERISCOPE, Perioperative medicine and critical care, Cancer and anaesthesia, Dublin, Ireland<br>Perioperative medicine and critical care, Cancer and anaesthesia, Cluj, Romania                                                                                                                                                                                                                                                               |
| Period                           | 2019 – Graduate                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | EURO-PERISCOPE, Perioperative medicine and critical care. Cancer and anaesthesia, Valencia, Spain<br>EURO-PERISCOPE, Perioperative medicine and critical care. Cancer and anaesthesia, Cluj, Romania<br>The Anemia Day, Copenhagen, Danmark<br>DUK Seminar on PBM- Focus on Anemia and Iron, Krems, Austria                                                                                                                                        |
| Period                           | 2020 – Graduate                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | EURO-PERISCOPE, Perioperative medicine and critical care. Cancer and anaesthesia, Dubrovnik, Croatia<br>Hot Topics in Infectious Diseases, Venice, Italy                                                                                                                                                                                                                                                                                           |
| Period                           | 2022                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Qualification / obtained diploma | Train The Trainers Cours - National Advanced Airway Management, ESAIC, SRATI, noiembrie, Timisoara                                                                                                                                                                                                                                                                                                                                                 |
| Period                           | 2023 – Lecturer                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| Qualification / obtained diploma | Train the Trainer NAAM Course, SRATI, ESAIC, Timisoara, Romania<br>WFSA Anesthesia and Cancer                                                                                                                                                                                                                                                                                                                                                      |



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|                                       | International Surgical Outcome Study, <b>ISOS</b> (2014)                                                                                                                                                                                                           |
|                                       | Incidence, Risk factors, Outcome in Intraabdominal hypertension, <b>IROI</b> , ESA(2014-2015)                                                                                                                                                                      |
|                                       | Post anesthesia pulmonary complications after use of muscle relaxants in Europe, <b>POPULAR</b> , ESAIC (2014-2015)                                                                                                                                                |
|                                       | The Extended Study of Prevalence of Infection in ICU, <b>EPIC III</b> (2017)                                                                                                                                                                                       |
|                                       | Optimisation of Perioperative Cardiovascular Management to Improve Surgical Outcome, <b>OPTIMISE II</b> (2017-2020)                                                                                                                                                |
|                                       | Improving the quality and safety of anastomosis with the aim of reducing anastomotic fistulas after right hemicolectomy and ileocecal resection, <b>EAGLE</b> (2021)                                                                                               |
|                                       | The effects of anesthetic techniques on time to start of adjuvant chemotherapy, and early and late outcomes following surgery for colorectal cancer: A prospective, multicenter, international, observational, pragmatic study, <b>ENCORE</b> , ESAIC (2023)       |
|                                       | Practice of Fluid Therapy in Critically Ill Invasively Ventilated Patients, <b>PROFLUID</b> (2024)                                                                                                                                                                 |
|                                       | International observational sTudy on AiRway manaGement in operAtory room and non-operAtory room anaEsthesis, <b>STARGATE</b> (2024)                                                                                                                                |
|                                       | International prospective, observational multi-centre quality improvement study on the duration of pre-operative liquid fasting, <b>THIRST</b> (2024)                                                                                                              |
|                                       | International multicenter study Fluid Challenge in Intensive Care: a worldwide global inception cohort study, <b>FENICE II</b> (2024)                                                                                                                              |
|                                       | <b>HELLO</b> (2025)                                                                                                                                                                                                                                                |
|                                       | Tutor ATI project POSDRU 160/2.1/S/139881, “Professional counseling for medical students and integrated practice program in the field of general medicine and dentistry”                                                                                           |
| Period                                | 2015                                                                                                                                                                                                                                                               |
| Qualification / obtained diploma      | Trainer Competence in Pediatric Intensive Care<br>Full Pediatric Basic Instructor<br>Competence in Health Services Management                                                                                                                                      |
| Period                                | 2016 - Course Director                                                                                                                                                                                                                                             |
|                                       | Basic Assessment and Support in Pediatric Intensive Care Course, April, June, July Iași                                                                                                                                                                            |
| Period                                | 2023-2025 - Course Director                                                                                                                                                                                                                                        |
|                                       | National Advanced Airway Management Course Director (7 editions)                                                                                                                                                                                                   |
| Period                                | 2024-2025 - Course Director                                                                                                                                                                                                                                        |
|                                       | National Obstetric Anesthesia Training Course (3 editions)                                                                                                                                                                                                         |
| Period                                | 2024, 2025 - Course Director                                                                                                                                                                                                                                       |
| Competence/ Position                  | Mechanical Ventilation – from bench to bedside                                                                                                                                                                                                                     |
| Period                                | 2024                                                                                                                                                                                                                                                               |
| Competence/ Position                  | Extracorporeal Blood Purification Therapies                                                                                                                                                                                                                        |
| Period                                | 2025 - Local Coordinator                                                                                                                                                                                                                                           |
| Competence/ Position                  | 2nd World Day of Regional Anesthesia and Pain Medicine, ESRA                                                                                                                                                                                                       |
| <b>Technical skills and abilities</b> | Competent user of equipment and devices used in the intensive care unit and operating room - anesthesia machines, mechanical ventilation machines, vital function monitors, extrarenal purification machines, rapid infusion systems, invasive monitoring systems. |
| <b>Computer skills and abilities</b>  | PC user - Microsoft Office, Power Point                                                                                                                                                                                                                            |

- 15 book chapters
- 53 published articles
  - 36 ISI articles
  - 17 BDI items
- 15 national awards

## PUBLISHED PAPERS

### A. PhD thesis

“Intra-abdominal sepsis: early detection clinico-epidemiological data and biological markers” "Grigore T. Popa"  
University of Medicine and Pharmacy, Iași  
Scientific Coordinator: Prof. univ. Dr. Dragomir Cristian

### B. Published books and book chapters

1. **Ristescu I.** Recommendations for enteral and parenteral nutrition in surgical patients, p. 66-74, in Immediate and late postoperative complications. Current events, clinical and therapeutic management. Iulia Munteanu (coord), Ed. Grigore T. Popa, UMF Iași, 2011, ISBN 978-606-544-047-0.
2. **Ristescu I.**, Grigoras I. Venous access, p. 163-177, in Surgical instruments and basic surgical skills for students, Gabriel Dimofte, Sorinel Lunca. Ed. Grigore T. Popa, UMF Iași, 2013, ISBN 978-606-544-183-5.
3. **Ristescu I.** Difficult airway in VIMA anesthetic technique. Volatile Induction and Maintenance of Anesthesia. Ioana Grigoras, editor. Ed. Grigore T. Popa University of Medicine and Pharmacy, Iași, 2013, ISBN 978-606-544-190-3.
4. Droc G, **Ristescu I.** Reactive airway – case presentation in VIMA anesthetic technique. Volatile Induction and Maintenance of Anesthesia. Ioana Grigoras, editor, Ed Grigore T. Popa University of Medicine and Pharmacy, Iași, 2013, ISBN 978-606-544-190-3.
5. Grigoras I., **Ristescu I.**, Rusu D., Patrascanu E. Physiology and pathology of the glycocalyx, p121-126, in Current events in anesthesia and intensive care. Cardiovascular system, editors Sanda-Maria Copotiu, Leonard Azamfirei, Ed. University Press Târgu-Mureș, 2013, ISBN 978-973-169-246-3.
6. **Ristescu I.** Preoperative evaluation features of the oncological patient, p 95-104, in News in anesthesia and intensive care 2015. editors Corneci D, Tomescu D, Margarit S, Ed. Mirton, Timișoara, 2015, ISBN 978-973-52-1536-1
7. Grigoras I. **Ristescu I.** Anesthesia in bariatric surgery. p 687- 698, in Clinical Anesthesia. Third Edition, editor Iurie Acalovschi. Clusium Publishing House. Cluj-Napoca, 2015. ISBN 978-973-555-614-3.
8. Grigoraș I, **Ristescu I.**, Pătrășcanu E. Pain in trauma. pp. 89-111, Pain therapy, 2nd edition, revised and added. Editors Marin A, scientific coordinators Mungiu O, Săndesc D. "Grigore T. Popa" Publishing House, UMF Iași, ETNA Publishing House Bucharest; 2017. ISBN 978-973-1985-22-0, ISBN- 978-606-544-490-4.
9. Grigoraș I, **Ristescu I.** Nutrition of the patient with esophageal pathology, p 146-156, Treatise on esophageal pathology and surgery. Editors Cordoș I, Ciuce C, Scripcariu V. Romanian Academy Publishing House, Bucharest; 2017. ISBN 978-973-27-2782-9.
10. Grigoraș I, **Ristescu I.**, Pătrășcanu E. Intensive care of the patient with esophageal pathology. pp. 157-174, Treatise on esophageal pathology and surgery. Editors Cordoș I, Ciuce C, Scripcariu V. Romanian Academy Publishing House, Bucharest; 2017. ISBN 978-973-27-2782-9.
11. Grigoraș I, **Ristescu I.**, Pătrășcanu E. Pain in trauma. p 48-56, Pain therapy. Editorial coordinator Marin A, scientific coordinators Mungiu O, Săndesc D. Medical Life, ETNA Publishing House, Bucharest; 2017. ISBN 978-606-94161-3-6.
12. Grigoraș I, **Ristescu I.**, Pătrășcanu E: Intensive care for patients with esophageal diseases, p158-176, Surgery of the Esophagus, editors Ioan Cordoș, Constantin Ciuce, Viorel Scripcariu, Romanian Academy Publishing House, 2019, ISBN 978-973-27-3093-5.
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- 7.19 Daniel Rusu, Ioana Florescu, Tudor Arhipescu, **Irina Ristescu**, Emilia Pătrășcanu, Sebastian Popescu, Ioana Grigoraș. Analgesia in major oncological surgery with hyperthermic intraperitoneal chemotherapy. Symposium “Current events in perioperative pain” - July 5, 2017, Iași.
- 7.20 Emilia Pătrășcanu, **Irina Ristescu**, M. Mădălin, Iulia Jitaru, Angelica Gâță, Lidia Ailiesei, Ioana Grigoraș. Postoperative pain management through epidural catheter in major oncological surgery. National Surgery Conference. October 4-6, 2017, Iași
- 7.21 D. Rusu, I. Florescu, T. Arhipescu, **Ristescu I**, E. Pătrășcanu, S. Popescu, Ioana Grigoraș. The advantages of epidural analgesia on the postoperative evolution of oncological patients with cytoreductive surgery and intraperitoneal hyperthermic chemotherapy. National Surgery Conference. October 4-6, 2017, Iași
- 7.22 Iulia Jitaru, D. Rusu, M. Manole, **Irina Ristescu**, Emilia Pătrășcanu, C. Surdeanu, Ioana Grigoraș. Implementation of the multimodal postoperative analgesia protocol of the ATI IRO Iași clinic. National Surgery Conference. October 4-6, 2017, Iași
- 7.23 Emilia Pătrășcanu, Delia Negrescu, Roxana Boca, Bianca Alexandra Constantineanu, **Irina Ristescu**, Ioana Grigoraș. The very elderly patient (over 85 years old) surgical oncology. Case study analysis 2017- Iași Regional Institute of Oncology. SRATI 2018, Sinaia.
- 7.24 Cristian Pristavu, Aurelia Crețu, Adrian Martin, **Ristescu I**, Mădălin Manole, Olguța Diaconu, Ioana Grigoraș. Systemic use of cerebral computed tomography in critically ill hemato-oncological patients with non-specific neurological dysfunction. SRATI 2018, Sinaia
- 7.25 Emilia Patrașcanu, Delia Negrescu, Bianca Constantineanu, Roxana Boca, **Irina Ristescu**, Ioana Grigoras. Evolution of the elderly surgical oncological patient. Case analysis – Regional Institute of Oncology, Iași.

International Course on Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine, 27-29 September 2018, Chisinau, Republic of Moldova. ISSN 2537-6373

- 7.26 Ristescu I**, Georgiana Pintilie, Mirel Jâtcă, Ioana Bălan, Emilia Pătrășcanu, Daniel Rusu, Ioana Grigoraș. Can the Mini-Cog score predict delirium after oncological surgery? SRATI 2018, Sinaia
- 7.27** Emilia Pătrășcanu, Delia Negrescu, Roxana Boca, Bianca Alexandra Constantineanu, **Irina Ristescu**, Ioana Grigoraș. Epidemiological and evolution data of surgical oncology patients over 65 years old. Case study analysis 2017- Iași Regional Oncology Institute. SRATI 2018, Sinaia
- 7.28 Ristescu I**, Diana Filip, Mirel Jâtcă, Rafaela Fechetă, Emilia Pătrășcanu, Ioana Grigoraș. Analysis of perioperative blood transfusion in oncological surgery with high bleeding risk. SRATI 2018, Sinaia
- 7.29** Pătrășcanu E, Delia Negrescu, Roxana Boca, Bianca Alexandra Constantineanu, **Ristescu I**, Ioana Grigoraș. Evolution of renal function in the early postoperative period in the elderly oncological patient. SRATI 2018, Sinaia.
- 7.30** Pătrășcanu E, **Ristescu I**, Crina Tiron, Adrian Tiron, Paula Postu, Eugen Carasevici, Delia Negrescu, Ioana Grigoraș. Expression of Akt isoforms under the influence of Sevoflurane, in human breast cancer – experimental study. CORIMF 2019 Romanian-Jordanian Congress of Medicine and Pharmacy, September 10-17, 2019, Iași.
- 7.31** Pătrășcanu E, Delia Negrescu, Roxana Boca, Mihaela Marciuc, **Ristescu I**, Laura Gavril, Olguța Diaconu, Ianis Sîriopol, Daniel Rusu, Ioana Grigoraș. Evaluation of patients' perception regarding the preanesthetic consultation. SRATI 2019, Sinaia
- 7.32** Grigoraș I, Pătrășcanu E, Laura Gavril, Daniel rusu, Iulia Jitaru, Ioana florescu, Găță A, **Ristescu I**. Preanesthesia Clinic in the Regional Institute of Oncology Iași. SRATI 2019, Sinaia.
- 7.33** Pătrășcanu E, Crina Tiron, Adrian Tiron, Paula Postu, Eugen Carasievici, **Irina Ristescu**, Ioana Grigoraș. Sevoflurane and tumor proliferation in human breast cancer. Experimental study. SRATI 2019, Sinaia.
- 7.34** Grigoraș I, **Ristescu I**, Laura Gavril, Daniel Rusu, Ioana Florescu, Emilia Pătrășcanu. Patient blood management in the Iași Regional Oncology Institute. patient involvement. SRATI 2019, Sinaia.
- 7.35 Ristescu I**, Adrian Tiron, Crina Tiron, Eduard Dumitruș, F. Zugun Eloae, Emilia Pătrășcanu, Ioana Grigoraș. Perioperative exposure to hyperoxia influences tumor growth and metastasis in an experimental model of breast cancer. SRATI 2019.

## 8. Selection of papers published in conference volumes

- 8.1 Ristescu I**. Does anesthesia influence cancer recurrence? Conferences of the Regional Institute of Oncology Iași. Abstracts and full papers. 2014. ISSN 234 – 5270.
- 8.2** Butura G, Antohe I, Zlei M, Ivanov I, Pintilie I, Boca O, Dascalu A, Dănăilă C, Grigoraș I, Jitaru I, Pătrășcanu E, **Ristescu I**, Rusu D, Gata A, Florescu I, Dăscălescu A. Differentiation syndrome in hypercellular form of acute promyelocytic leukemia. Conferences of the Regional Institute of Oncology Iași. Abstracts and full papers. 2014. ISSN 234 – 5270.
- 8.3** Dăscălescu A, Dascălu A, Butura G, Burcoveanu C, Antohe I, Ghiorghe D, Grigoraș I, Jitaru I, **Ristescu I**, Pătrășcanu E, Rusu D, Gata A, Florescu I, Sandu C, Dănăilă C. Assessment of the risk of invasive fungal infection in patients with acute leukemia treated in IRO Iași during 2012-2014. Conferences of the Regional Institute of Oncology Iași. Abstracts and full papers. 2014. ISSN 234 – 5270.
- 8.4** Jitaru I, Rusu D, Manole M, **Ristescu I**, Pătrășcanu E, Surdeanu C, Grigoraș I. Implementation of the multimodal postoperative analgesia protocol of the ATI IRO Iași clinic. National Surgery Conference. Iași. 2017. Vol 1, page 314. ISSN. 2601- 0097.
- 8.5** Patrașcanu E, **Ristescu I**, Mădălin M, Jitaru I, Giță A, Ailiesei L, Grigoraș I. Postoperative pain management through epidural catheter in major oncological surgery. National Conference of Surgery. Iași. 2017. Vol 1, page 459. ISSN. 2601- 0097.
- 8.6** Rusu D, Florescu I, Arhipescu T, **Ristescu I**, Pătrășcanu E, Popescu S, Grigoraș I. The advantages of epidural analgesia on the postoperative evolution of oncological patients with cytoreductive surgery and intraperitoneal hyperthermic chemotherapy. National Conference of Surgery. Iași. 2017. Vol 1, page 524. ISSN. 2601- 0097.
- 8.7** Patrașcanu E, **Ristescu I**, Crina Tiron, Adrian Tiron, Paula Postu, Eugen Carasevici, Ioana Grigoraș. Effects of different sevoflurane concentrations on Akt isoforms in normal and cancer breast cells. An experimental model. International Course on Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine, 27-29 September 2018, Chișinău, Republic of Moldova. The Moldovan Medical Journal. 2018, vol. 61 (AIC congress issue), September, pp. 20-21. ISSN 2537-6381.

- 8.8 **Ristescu I**, Daniela Simona Fetcu, Diana Filip, M. Jitcă, Rafaela Fechetă, Emilia Patrașcanu, Ioana Grigoraș. Retrospective evaluation of anemia and transfusion rate in lower abdominal oncological surgery. International Course on Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine, 27-29 September 2018, Chișinău, Republic of Moldova. ISSN 2537-6373
- 8.9 **Ristescu I**, Adrian Tiron, Crina Tiron, Radu Iliescu, Florin Zugun-Eloae, Eugen Carasevici, Ioana Grigoraș. Hyperoxia influences cancer growth and metastasis. A pilot experimental model. International Course on Guidelines and Protocols in Anesthesia, Intensive Care and Emergency Medicine, 27-29 September 2018, Chișinău, Republic of Moldova. ISSN 2537-6373.
- 8.10 **Ristescu I**, G. Pintilie, M. Jitcă, D. Rusu, M. Moscalu, Ioana Grigoraș. Evaluation of risk factors for postoperative delirium in oncological patients. CONFER, November 22-25, 2018, Iași.
- 8.11 Pătrășcanu E, I. Ristescu, Crina Tiron, Paula Postu, E. Carasevici, Ioana Grigoraș. Effects of sevoflurane on AKT isoforms in normal and cancerous breast cells - molecular study. CONFER, November 22-25, 2018, Iași.
- 8.12 **Ristescu I**, A. Tiron, Crina Tiron, F. Zugun-Eloae, Pătrășcanu E, Grigoraș I. Effects of exposure to different oxygen concentrations on an experimental model of breast cancer. CONFER, November 22-25, 2018, Iași.
- 8.13 Pătrășcanu E, Delia Negrescu, Roxana Boca, **Irina Ristescu**, Mihaela Maciuc, Laura Gavril, Ioana Grigoraș. Oncology patients' perception of the preanesthetic consultation. CONFER, November 21-24, 2019, Iași.
- 8.14 **Ristescu I**, Oana Păsărlău, Beatrice Iliescu, Diana Novac, Ramona Macovei, Alina Coșofreț, Andra Matei, Emilia Pătrășcanu, Laura Gavril, Ioana Grigoraș. Prevalence and consequences of anemia in oncological surgery with high risk of bleeding. CONFER, November 21-24, 2019, Iași
- 8.15 Prisecaru D, Laura Gavril, Emilia Pătrășcanu, Ioana Grigoraș, **Ristescu I**. Evaluation of the application of the early postoperative rehabilitation protocol in oncological patients. CONFER, November 21-24, 2019, Iași
- 8.16 Ditot I, Laura Gavril, Emilia Pătrășcanu, **Ristescu I**, Ioana Grigoraș. Postoperative nausea and vomiting. CONFER, November 21-24, 2019, Iași
- 8.17 Lespezeanu E, **Ristescu I**, Georgiana Pintilie, Emilia Pătrășcanu, Laura Gavril, Ioana Grigoraș. Evaluation of the prevalence and risk factors for postoperative delirium in elderly oncological patients. CONFER, November 21-24, 2019, Iași
- 8.18 Melinte G, Emilia Pătrășcanu, Delia Negrescu, Roxana Boca, **Ristescu I**, Laura Gavril, Ioana Grigoraș. Patient satisfaction regarding the preanesthetic consultation. CONFER, November 21-24, 2019, Iași
- 8.19 **Ristescu I**, Daniela Simona Fetcu, Luiza Luchian, Cristina Tărniceriu, I. Ivanov, Diana Petroiu, Emilia Pătrășcanu, Laura Gavril, Ioana Grigoraș. Acquired hemophilia type A, a rare cause of hemorrhagic shock in the oncological patient - case presentation. CONFER 2020, November 19-22, Iași
- 8.20 **Ristescu I**, Emilia Patrașcanu, Laura Gavril, I. Sîriopol, Olguța Lungu, Ioana Grigoraș Implementation of the Patient Blood Management Program in the perioperative period in the Regional Institute of Oncology Iași - analysis of the January-December 2020 period, Conferences of the Regional Institute of Oncology Iași, Volume of Abstracts, vol 10, 2021.
- 8.21 **Ristescu I**, I. Buzincu, R. Hugianu, C. Tansanu, Alexandra Marza, G. Malureanu, I. Simion, Ioana Grigoraș Prevalence of anemia and perioperative transfusion rate in oncological surgery with high risk of bleeding – comparative analysis 2018 vs 2020 Conferences of the Regional Institute of Oncology Iași, Abstracts Volume, vol 10, 2021.

#### **D. Research and development projects**

- **International research competition grants**
  1. Project title: European Platform for Outcomes Research into Preoperative Interventions during surgery for Cancer, Prof Dr Donal Buggy, Team member Dr **Irina Ristescu**  
Contract No. COST ACTION 15204, period 2016-2020
- **National research competition grants**
  1. Project title - "Factors involved in cancer progression", Internal grant director UMF Grigore T Popa Iași, SL dr. **Ristescu Irina**  
Contract no. 30335/2017, period 01.01.2018 – 28.12.2020  
Funded amount 10000 euros
  2. Title of the project - "The effect of different concentrations of sevoflurane on akt isoforms in breast cancer cells" UMF internal grant director Assistant Professor Patrașcanu Emilia, member of the SL team dr. **Ristescu Irina**  
Contract no. 3033/2017, 01.01.2018 – 28.12.2020.  
Funded amount 5000 euros
  3. Project title – "Early dynamics of plasma leptin levels in critically ill patients and correlation with survival – comparative prospective study", UMF internal grant director Prof. Dr. Ioana Grigoras, SL team member Dr. **Ristescu Irina**

Contract no. 17079/2010,01.10.2010 – 30.09.2011.

Funded amount 5000 euros

- **National educational competition grants**

1. Project title: Training program for medical personnel in the field of clinical nutrition in order to reduce the morbidity of oncological patients, Project Manager Dr. Laura Constantinescu, Pantelimon Hospital Bucharest, Regional Manager NORTH – EAST of Romania - Dr. **Ristescu Irina**

Contract no. SMIS code: 107712, 2017-2020, POCU 2014-2020.

Funded amount RON 6773520.28

2. Project title: “Professional counseling for medical students and integrated practice program in general medicine and dentistry”, Project Manager Prof. Dr. Norina Fornea, SL Dr. **Irina Ristescu** – Anesthesia and Intensive Care Coordinator

Contract no. POSDRU/160/1.2/S/139881 – implemented by the University of Medicine and Pharmacy “Grigore T. Popa Iași” – period 01.04.2014 – 30.11.2015

3. Project title: Program of excellence in multidisciplinary doctoral and postdoctoral research in chronic diseases, Postdoctoral researcher Dr **Irina Ristescu** "The effect of general anesthesia on the immune response in cervical neoplasm surgery"

Contract no. POSDRU/159/1.5/S/133377, beneficiary UMF "Grigore T. Popa" from Iași, project co-financed by the European Social Fund through the Sectoral Operational Program Human Resources Development 2007-2013."

Funded amount 10000 euros

- **Structural grants**

1. Title of the project: ONCO-SAFE – Reducing nosocomial infections, a condition for increasing the quality of life of oncology patients in IRO Iași, Project Manager Assoc. Prof. Dr. **Irina Ristescu**

Project financed through the National Recovery and Resilience Plan (NRRP)

Funded amount- 16038977.35 RON

## **E. Awards**

1. **2009** - First Prize for the most successful poster SRATI Congress – main author, **Ristescu I**, Grigoras I, Rusu D, Caramidaru C, Munteanu A, Damian D. Colonization and infection of central venous catheter in critically ill patients. Comparative study. 35th Congress of the Romanian Society of Anesthesia and Intensive Care, SRATI Congress 2009, Sinaia
2. **2011** - 3rd Prize Oral Communications SRATI Congress - co-author, Blaj M, Grigoraș I, **Ristescu I**, Tarași M, Lupușoru A. Correlations between intra-abdominal pressure, organ dysfunctions and 28-day prognosis in mechanically ventilated patients, 37th Congress of the Romanian Society of Anesthesia and Intensive Care, 5th Romanian-French Congress of Anesthesia and Intensive Care, , 2011, Sinaia
3. **2012** - First Prize Rising Star Competition, **Ristescu I**. Invasive Fungal Infections, 2012, Iași
4. **2012** - First Prize – Prof. Dr. Serban Marinescu Award - for the most successful Oral Commencement SRATI Congress - co-author, Grigoraș I, **Ristescu I**, D Ungureanu, D Rusu, D Branisteanu: Early dynamics of plasma leptin levels in patients with intra-abdominal sepsis and the correlation with survival. 38th Congress of the Romanian Society of Anesthesia and Intensive Care, 7th Romanian-French Congress of Anesthesia and Intensive Care, May 16-20, 2012, Sinaia
5. **2014** - Cornel Iofcea Award – Romanian Society of Enteral and Parenteral Nutrition, ROSPEN Congress, Poiana Brasov
6. **2019** - First Prize, Best Communication, Pătrășcanu E, Negrescu D, Boca R, **Ristescu I**, Marciuc I, Gavril L, Grigoraș I. Patients' opinion regarding the pre-anesthetic consultation. Scientific conference of students, residents and young researchers In memoriam, Professor Valeriu Ghereg, Chișinău, Republic of Moldova
7. **2019** - 3rd Prize Oral Communications - SRATI Congress Pătrășcanu E, Tiron C, Tiron A, Postu P, Carasevici C, **Ristescu I**, Grigoraș I. Sevoflurane and tumor proliferation in human breast cancer. An experimental study – 45th Congress of the Romanian Society of Anesthesia and Intensive Care, 14th Romanian-French Congress of Anesthesia and Intensive Care, Sinaia
8. CNCSIS **2020** research results award, for the article Tiron A, **Ristescu I**, Postu PPA, Tiron CE, Zugun-Eloae F, Grigoras I. Long-Term Deleterious Effects of Short-term Hyperoxia on Cancer Progression—Is Brain-Derived Neurotrophic Factor an Important Mediator? An Experimental Study. *Cancers*, 2020, 12 (3), 688.
9. CNCSIS **2021** Research Award, for the article **Ristescu AI**, Tiron CE, Tiron A, Grigoras I. Exploring Hyperoxia Effects in Cancer-From Perioperative Clinical Data to Potential Molecular Mechanisms. *Biomedicines*. 2021 13;9(9):1213. doi: 10.3390/biomedicines9091213. PMID: 34572400; PMCID: PMC8470547.

10. CNCSIS **2021** Research Results Award, for the article **Ristescu I.**, Pintilie G, Moscalu M, Rusu D, Grigoras I. Preoperative Cognitive Impairment and the Prevalence of Postoperative Delirium in Elderly Cancer Patients—A Prospective Observational Study. *Diagnostics*, 2021, 11(2), 275.
11. CNCSIS **2021** research results award, for the article Rusu, D., Blaj, M., **Ristescu, I.**, Patrascanu, E., Gavril, L., Lungu, O., Grigoraș, I. Outcome Predictive Value of Serum Ferritin in ICU Patients with Long ICU Stay. *Medicina*, 2021, 57(1), 1.
12. **2023** Oral Communications SRATI Congress, Iacob E, Popeanu L, Nechifor A, Gavril L, Patrășcanu E, **Ristescu AI**. The safety profile of postoperative administration of intravenous iron preparations in oncological patients, - SRATI Congress 2023, Sinaia, <https://ralcom.eventsair.com/srati-2023/premii>
13. **2024** Oral Communications SRATI Congress, Lungu O, **Ristescu I**, Ivanov I, Amarandei M, Iancu S. Bacterial composition of biofilms associated with medical devices in critically ill oncological patients determined by massively parallel sequencing –
14. **2024** Oral Communications SRATI Congress, Basu N, Popeanu L, Siriopol S, Lungu O, **Ristescu I**. Use of the Nu-Desc score in the diagnosis of postoperative delirium in elderly oncological patients

24.11.2025

Conf Dr Anca-Irina Ristescu



**LISTA DE LUCRARI**  
**RISTESCU ANCA IRINA**

**1. DOCTORAT**

**"Intra-abdominal sepsis: early detection clinico-epidemiological data and biological markers"**  
**"Grigore T. Popa" University of Medicine and Pharmacy, Iași**  
**Scientific Coordinator: Prof. univ. Dr. Dragomir Cristian**

**2. CĂRȚI SAU CAPITOLE DE CARTE PUBLICATE IN ULTIMII 5 ANI (2021-2025)**

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**3. LUCRĂRI INDEXATE ISI CU FACTOR DE IMPACT ÎN ULTIMII 5 ANI (2021-2025)**

1. **Ristescu I.**, Pintilie G, Moscalu M, Rusu D, Grigoras I. Preoperative Cognitive Impairment and the Prevalence of Postoperative Delirium in Elderly Cancer Patients—A Prospective Observational Study. *Diagnostics*, 2021,11(2), 275. IF=3.992<https://www.mdpi.com/2075-4418/11/2/275>
2. Pristavu, C., Martin, A., **Ristescu, I.**, Patrascanu, E., Gavril, L., Lungu, O., Grigoras, I. Analysis of emergency head computed tomography in critically ill oncological patients. *Radiology and Oncology*, 2021,55(2), 172-178. IF=4.214<https://sciendo.com/article/10.2478/raon-2021-0014>
3. **Ristescu, A. I.**, Tiron, CE, Tiron, A., Grigoras, I. Exploring Hyperoxia Effects in Cancer—From Perioperative Clinical Data to Potential Molecular Mechanisms. *Biomedicines*, 2021,13, 9(9), 1213, IF=4.757<https://www.mdpi.com/2227-9059/9/9/1213>
4. Potre, C., Borsi, E., Potre, O., Ionita, I., Samfireag, M., Costachescu, D., **Ristescu, AI** A Systematic Review Assessing the Impact of Vitamin D Levels on Adult Patients with Lymphoid Malignancies. *Current Oncology*, 2023, 30(4), 4351-4364, IF=3.109,<https://www.mdpi.com/1718-7729/30/4/331>
5. Cozorici, A., Porumb, V., Lunca, S., Grigoras, I., **Ristescu, I.**, Jitaru, I., Dimofte, G. Technical Difficulties and Procedural Complications in Closing Malignant Esophageal-Respiratory Fistulas. *Acta Clinica Croatica*, 2021, 60(4), 703. IF=0.932, doi 10.20471/acc.2021.60.04.18
6. Buzincu, I., Tănase, S., Puf, C., **Ristescu, I.**, Rusu, DM, Pătrășcanu, E., Grigoraș, I. Surgical Apgar Score predictive value for early postoperative organ dysfunction in cancer patients. *Acta Chirurgica Belgica*, 2022, 122(6), 411-419. IF=0.99
7. Radu, VD, Costache, RC, Onofrei, P., Antohi, L., Bobeica, RL, Linga, I., **Ristescu AI**, Stoica, BA Factors associated with increased risk of urosepsis during pregnancy and treatment outcomes, in a urology clinic. *Medicina*, 2023, 59(11), 1972.
8. Miron, M., Blaj, M., **Ristescu, AI**, Iosep, G., Avădanei, AN, Iosep, DG, Luca, M. Hospital-Acquired Pneumonia and Ventilator-Associated Pneumonia: A Literature Review. *Microorganisms*, 2024, 12(1), 213.
9. Siriopol, I., Grigoras, I., Rusu, D., Popa, R., **Ristescu, I.**, Kanbay, M., Siriopol, D. Correlations between preoperative fluid status assessed by bioimpedance analysis and hypotension during anesthesia induction. *Anaesthesiology Intensive Therapy*, 2024, 56(3), 177-184.
10. Bandac, AC, **Ristescu, AI**, Costache, CR, Bobeica, RL, Pantilimonescu, TF, Onofrei Sr, P., Radu, VD Efficacy and Safety of Extracorporeal Shock Wave Lithotripsy (ESWL) in Patients With Infected Ureterohydronephrosis Due to Ureteral Stones Following Double-J Catheter Insertion. *Cureus*, 2024, 16(1)

11. Filipescu, D.Ștefan MG Bubenek Turconi SI, Corneci D, Droc G, **Ristescu AI**, et al. Patient Blood Management in 2023: a Nationwide Survey of Anesthesiologists in Romania following the 2018 Guidelines: National survey on PBM in 2023. Blood Transfusion, 2024
12. OPTIMISE II. **Ristescu AI** Cardiac output-guided haemodynamic therapy for patients undergoing major gastrointestinal surgery: OPTIMISE II randomized clinical trial. BMJ 2024: 080439.
13. Wan, Y., Patel, A., Archary, C., Hewson, R., Phull M., Pearse, RM, on behalf of the International Surgical Outcomes Study (ISOS) Group (**Ristescu, I.**). Postoperative infection and mortality following elective surgery in the International Surgical Outcomes Study (ISOS). Br J Surg. 2021;108,220 – 227. DOI: 10.1093/bjs/znaa075.
14. Regli, A., Blaser, AR, De Keulenaer, B., Starkopf, J., Kimball, E., Malbrain, ML, and Incidence, Risk Factors, and Outcomes of Intra-Abdominal (IROI) Study Investigators (**Ristescu, I.**) Intra-abdominal hypertension and hypoxic respiratory failure together predict adverse outcome—A sub-analysis of a prospective cohort. J Crit Care, 2021, 64, 165-172, IF=4,298 <https://www.mdpi.com/16489144/57/1/1>.
15. Paterson A, Maswime S, Hardy S, Pearse R, Biccadd B, in collaboration with the African Surgical Outcomes (ASOS) group and International Surgical Outcomes (ISOS) group (**Ristescu, I.**) Postoperative outcomes associated with surgical care for women in Africa: an international risk-adjusted analysis of prospective observational cohorts. 2022, Br J Anaesth Open, 4 (C): 100100 doi: 10.1016/j.bjao.2022.100100.
16. Bengueddach, A., et al. (**AI. Ristescu**) Evaluation of a quality improvement intervention to reduce anastomotic leak following right colectomy (EAGLE): Pragmatic, batched stepped-wedge, cluster-randomized trial in 64 countries. British Journal of Surgery 2024, 111.1, Impact factor =8.7

#### 4. LUCRĂRI INDEXATE ISI / BDI PUBLICATE ÎN ULTIMII 5 ANI (2021-2025)

#### 5. PROIECTE / GRANTURI DE CERCETARE OBȚINUTE PRIN COMPETIȚIE ÎN ULTIMII 5 ANI (2021-2025)

DATA

24.11.2025

SEMNATURA

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