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| ***Items*** | ***Requirements*** |
| **Lecture title** | **Noncommunicable diseases: risk factors, preventive and control measures** |
| **Objectives** | To know the epidemiological methods used for the prevention and control of communicable diseases. |
| **Aim group** | III-Year |
| **Participants** | 30 students |
| **Topics** | 1. Noncommunicable diseases (NCD): introductive epidemiological elements.  2. The risk factors, preventive and control measures for breast and ovarian cancers.  3. The risk factors, preventive and control measures for cervical cancer.  4. The risk factors, preventive and control measures for colorectal cancer.  5. The risk factors, preventive and control measures for prostate cancer.  6. The risk factors for cardiovascular diseases.  7. The preventive and control measures for cardiovascular diseases. |
| **Bibliography** | 1.\*\*\* World Health Organisation. Global Status Report on noncommunicable diseases 2014. WHO Press, Geneva, Switzerland, 2014.  2.\*\*\* World Health Organisation. Prevention of Cardiovascular Diseases. Guidelines for assessment and management of cardiovascular risk. WHO Press, Geneva, Switzerland, 2007. |
| **Competences (abilities acquired)** | The ability to describe the burden of noncommunicable diseases.; The ability to recognize the risk factors for breast, ovarian, cervical, colorectal and prostate cancers; The ability to recognize the risk factors for cardiovascular diseases and to use the risk prediction charts for the assessment of the cardiovascular risk; The ability to elaborate a health program based on the risk factors neutralisation for breast, ovarian, cervical, colorectal and prostate cancers.; The ability to elaborate a health program based on the risk factors neutralisation for cardiovascular diseases. |
| **Teaching methods and lecture notes** | video presentation; interactive methods |
| **Responsable** | **CONF. DR. MATEI MIOARA CALIPSOANA** |
| **Associated lecturer** | - |
| **Keywords** | risk factors, prevention, control |

**OPTIONAL DISCIPLINES - OFFER**

**UNIVERSITY YEAR 2020-2021**